

3RD ANNUAL
INSIDE HULL
OL/DL/STRENGTH: COACHES CLINIC



AGENDA:

8:00am-8:30am - Breakfast/Registration

8:30am-9:20am
OFFSEASON STRENGTH PROGRAM
Mike Papas - East Texas Baptist University

9:30am-10:20am
DEFENDING THE RUN: DRILLS AND TECHNIQUE
Ricardo Miner - San Benito High School

10:30am-11:20am
OFFENSIVE LINE: GAP SCHEME TECHNIQUE
Jeff Bowen - University of Texas at Rio Grande Valley

11:30am-12:30pm - Lunch

12:30pm-1:20pm
CHANGE OF DIRECTION & AGILITY
Carlos Cuellar - San Benito High School

1:30pm-2:20pm
DEFENSIVE LINE: PASS RUSH DRILLS
Eddie Ramirez - Weslaco High School

2:30pm-3:20pm
OFFENSIVE LINE: SPRINT OUT PROTECTION
Tyler Preston - University of Texas at San Antonio

DATE MAY 18TH
2024

TIME 8:00AM TO
3:30PM

REGISTRATION
\$20 EARLY | \$25 AT THE DOOR

REGISTER NOW >



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T/PAY/PUBLIC/SANBENCISD/
WELCOME.FACES](https://secure.g02gov.net/pay/public/sanbencisd/welcome.faces)

**OR SCAN THE
QR CODE**



**LOCATION: SAN BENITO HIGH SCHOOL, INDOOR TRAINING FACILITY
450 S. OSCAR WILLIAMS RD, SAN BENITO, TX 78596**

FOR MORE INFORMATION CONTACT

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